

TOWN CRIER 5K + 10K PARTICIPANT

ONE ENTRY FORM PER PERSON. PHOTOCOPIES WELCOME.
NO REFUNDS. PAID BUT CAN'T MAKE IT? THANKS FOR THE DONATION!

Name of participant _____

Address _____

City/State/Zip _____

Phone _____ Email _____

Birthday _____ Age _____ M/F _____

Enter me in the (circle one): 10K 5K Both (no extra charge!)

Entry fee = \$25 (after 4/3/09 \$30) \$ _____

No t-shirt? Deduct \$5 \$ _____

XXL t-shirt (additional \$2) \$ _____

Additional Charity Donation \$ _____

Total (check payable to SABA) \$ _____

T-shirt sizes (circle one): S M L XL XXL (additional \$2)

Waiver: In consideration of the entry of my family, I attest and verify that I have full knowledge of the risks involve in this race and that I assume all those risks. I realize expressly that this is a strenuous activity and that to the best of my knowledge my training and health are adequate for me to safely participate in said race. Further, I agree hold harmless the race organizers, including any and all participating sponsors and supporters, against all claims, dangers, in cause of action arising from my participation. I hereby give full permission to use my likeness in photographs, video tapes and any other record of this event for any purpose including, but not limited to, broadcast and promotional purposes.

Signature & Date _____

Parent/Guardian signature (required if under 18) _____

Mail to:
Town Crier 5K & 10K, c/o SABA PO Box 221, Saugatuck, MI 49453

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TOWN CRIER RUN, c/o SABA
PO BOX 221
SAUGATUCK, MI 49453

saugatuck TOWN crier 5K & 10K RUN



04.11.09
saugatuck,
michigan

TOWN CRIER 5K & 10K RUN SAUGATUCK 04.11.09

TOWN CRIER 5K + 10K + KIDS DASH

Two scenic runs around historic Saugatuck starting at Butler & Main downtown. The goal of the Town Crier run is to provide an outstanding, competitive event for runners that encourages health, exercise and fun. Your participation in this race will benefit the Saugatuck Public Schools, Tri-Community Recreation Program, and the Saugatuck Area Business Association.

RACE INFO

Two new courses this year—the 10K, which includes a loop on the bike path and woods southwest of town and the 5K winding around historic Saugatuck. The 10K race begins at 9:00am. The Crier Kids Dash will follow starting at 9:15am. The free Dash is a non-competitive 1K fun run for kids. All runners will win a ribbon. Between 10:00 and 10:15am, the 5K race will begin. Maps of the race courses are on our website. The races will be timed with computer chips.



AWARDS

Refreshments and the awards ceremony will be held at Coral Gables, 220 Water Street, after the 5K. Overall first place winners of the 10K, male and female, will receive \$100 in SABA bucks, used as cash at any Saugatuck Area Business Association member business. Master and Grand Master 10K winners, male and female will receive a \$30 Gazelle gift certificate. Overall first place winners of the 5K, male and female, will receive \$75 in SABA bucks. Master and Grand Master 5K winners, male and female will receive a \$20 Gazelle gift certificate. Male and female age groups begin at 14 and under, 15-19, 20-24, and continue to 65 & over. Age group winners for both races, 1st, 2nd and 3rd, will receive the Town Crier Bell. Winners will be allowed one award per event.

PARKING & SHOWERS

Park on Water Street, in the residential areas of Saugatuck to the north of the starting line, or “up the hill” on Griffith Street. There is a staircase at Griffith and Main to the starting line. Showers are available at the Pump House Gym at 6492 Blue Star Highway after the race.



REGISTRATION & ENTRY FEES

The entry fees are as follows:

\$25 through April 3, including a t-shirt,
\$30 late registration (after April 3).

Late registration and t-shirt pick up will be at Caribbean Colors & Nostalgia, 326 Butler Street in downtown Saugatuck on Friday, April 10 from 4-7pm and race day beginning at 7:30am at the race starting line at Butler and Main. T-shirts at late registration are available as supplies last.

On-line registration is available at www.towncrierrun.com or www.classicrace.com.

LODGING DISCOUNTS

Make a weekend out of it! Discounted rates will be available for runners and their families on race weekend. For more information check out our website.

QUESTIONS?

Go to our website or contact Jose or Sherrie Santos at 269 857 1116 or 616 392 4314.